

THE MENTAL HEALTH OF BAME* COMMUNITIES IN THE UK

*Black, Asian and minority ethnic



- Racism and discrimination
- Social and economic inequalities
- Mental health stigma
- Criminal justice system

IMPORTANT INFLUENCES

Source: The Mental Health Foundation

PEOPLE OF AFRICAN OR CARIBBEAN DESCENT ARE

50%

more likely to be referred to mental health services via the police than their white counterparts.

Source: Care Quality Commission (CQC)



The Stories Behind The Figures

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